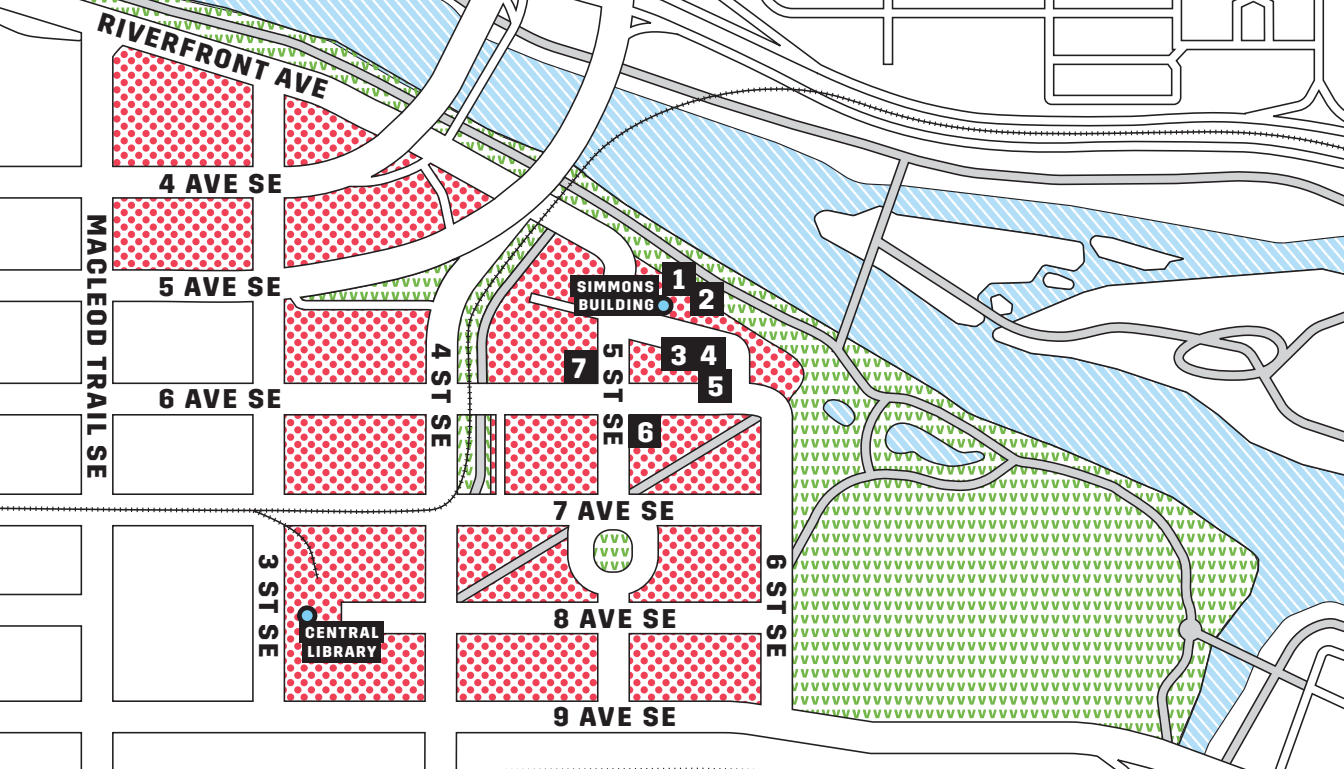


EAST VILLAGE (DE)TOURS

Coffee, cocktails, sushi, seafood, pastries, ice cream, breakfast, brunch, lunch, dinner, late-night eats...East Village serves up a never-ending feast for the foodie, with menus both local and international vying for your attention. Here are a few of the top eateries in the neighbourhood—make sure to bring a big appetite!



- 1 // **CHARBAR**
Brought to you by chefs Connie DeSousa and John Jackson, charbar features an open kitchen, Argentine parrilla grill, a rooftop patio, and tables dotted with Le Creuset platters. Located in the historic Simmons Building, this restaurant serves food that delights the palate and warms the heart.
- 2 // **SIDEWALK CITIZEN BAKERY**
Fresh-baked artisan sourdough, flaky pastries, titillating desserts, bold Mediterranean flavours—enjoy them all at this legendary counter-service breakfast and lunch spot at the Simmons Building. Presenting classic creations alongside innovative dishes, this menu treats your taste buds to a new adventure, every time.
- 3 // **EIGHT**
Treat yourself to a VIP experience at this exclusive eight-seat venue hidden away in NUPO. Enjoy a menu featuring local ingredients paired with the techniques and flavours of Canada's multicultural mosaic.
- 4 // **NUPO**
A star of Netflix's Final Table, Chef Darren MacLean presents his latest upscale concept in East Village. This Japanese-style restaurant maintains a focus on plant-based vegan and vegetarian cuisine alongside incredible sushi creations.
- 5 // **CHIX EGGSHOP**
The perfect neighbourhood breakfast and fried chicken joint, this fast-fine diner is inside the ALT Hotel, giving your morning that much needed boost with a menu of breakfast items both healthy and indulgent. As if that wasn't enough, the restaurant also has a menu of innovative craft cocktails served all day!
- 6 // **SOLEIL BISTRO & BAR**
Bringing casual French cuisine to East Village, Soleil's menu features a made-from-scratch assortment of delights using local, fresh ingredients, quality meats and produce—complemented by cocktails, craft beers, wines and martinis.
- 7 // **PARLOUR ICE CREAM**
Obsessed with local ingredients and unique flavour profiles, Parlour takes pride in hand crafting premium ice cream on site. The menu has all kinds of flavours—even some vegan specialties—served in their fresh house made waffle cones.

THE FOODIE BUCKET LIST



There are a lot of delicious eats to treat yourself to in East Village, but where should you begin? Here are a few of our favourite nibbles and bites; try one, or try them all!

- 1 The danishes at Sidewalk Citizen go perfectly with your morning cuppa; with buttery, flaky pastry revealing a dollop of creamy custard to perk you up!
- 2 Stop by Chix Eggshop to find out what all the hype is about with their Crazy Avocado Toast. They've added their own twist to this hipster fave with hummus, sliced vine tomatoes and a fried egg.
- 3 Let Soleil transport you to Paris with their modern French-inspired menu and cozy bistro. Order a selection of small plates to share and sip on hand-crafted cocktails—hello Honey Bee Martini—and let the day slip away!
- 4 Tucked away in the back of NUPO, and accessible through a secret entrance, the aptly named EIGHT has only eight seats at the kitchen bar; perfect to engage with chef Darren MacLean, as he serves up an ever-changing tasting menu full of bold flavours. IYKYK.
- 5 Whatever the season, make your way to Parlour Ice Cream and enjoy one of their hand-crafted flavours like Lavender or Whiskey Hazelnut—or try our personal fave, the Wafflegato, with ice cream and espresso in a fresh waffle cone.